

INTERNATIONAL CHINESE BOXING ASSOCIATION

INSTRUCTOR ENHANCEMENT PROGRAM



ICBA Instructor Enhancement Program

The **Instructor Enhancement Program** will offer a **structured pathway** for ICBA members to become ICBA Certified Instructors or Asst. Instructors, allowing them to teach martial arts under the **ICBA** brand and philosophy.

This program will provide flexibility to accommodate instructors who may not be able to attend in-person training by incorporating **downloadable materials for distance learning**.

The fee for this course directly contributes to operating costs incurred for development, administration, materials, and updating curriculum and administering an online certification exam.

Eligibility: Both Members and Non-Members are eligible to participate in the program curriculum. However, *only ICBA Members (of **Professional or Executive Memberships**) and Charter Schools*, in Good Standing, may take the Certification Exam and be conferred the Official ICBA Certification.

1. Program Structure: Instructor Certification Eligibility by Ranking

The program is designed to align and allow for a **natural progression** from student to instructor. Certifications and eligibility will be structured according to **belt level**, depending on knowledge, experience, and teaching ability.

The following certification levels correspond to specific **belt ranks** in a martial arts system, providing a direct path for progression from student to instructor. Also, continuity of certification will require refresher training/testing. This continuity of knowledge will allow a ICBA Certified Instructor to attain additional Instructor Levels in the future.

Note: If you have a Black Belt (Sash) Program in your school, or a student who you want to petition for, that may not meet the below criteria, you may submit a Request Letter of Exception.

1.1. Assistant Instructor Certification

Fee: \$150 for the 1st Year - \$75 annual renewal

(eligible to members up to 1st Black (1st Dan/Duan/Tuan))

This entry-level certification is designed for **beginning instructors** who are at the **Advanced** belt/sash levels. It is meant for junior instructors or class leaders and focuses on foundational teaching skills.

- **Eligibility:** Advanced Belts (or those with 6 months-1 year of teaching experience). The ICBA recognizes that advanced belts vary depending on the system/style/school. The ICBA will defer to the application's system/style/school curriculum, which determines what an advanced rank/belt is.
- **Key Skills Required:**
 - Understanding of **basic martial arts principles** and terminology.
 - Ability to assist a senior instructor in teaching basic techniques and drills.
 - Introduction to **teaching techniques:** demonstrations, corrections, and feedback.
- **Distance Learning Certification Components:**
 - Completion of Modules 1-4
 - Successfully score 80%, or higher, on the Exam based on these Modules.
- **Certification:** Once the module is complete, candidates will be required to **submit a report** or a **video of their lesson**.

1.2. Instructor Certification

Fee: \$199 for the 1st Year - \$99 annual renewal

(eligible to members at 1st Black (1st Dan/Duan/Tuan))

This level is for **instructors** who have a solid understanding of techniques and can teach independently or with minimal supervision.

- **Eligibility:** with a minimum of 2 years of teaching experience.
- **Key Skills Required:**
 - Ability to **design lesson plans** and teach various martial arts techniques to different skill levels.
 - More advanced **teaching strategies** (e.g., managing a class, teaching multiple students).
 - Knowledge of **basic self-defense**, applications, and sparring techniques.
- **Distance Learning Components:**
 - **Complete All 8 Modules**

- Successfully score 80% or higher via Exam on these modules.
- **Certification:** Candidates must demonstrate their ability to **design and execute a lesson plan** for a class. They will submit a **video** of their class or teach a **live virtual class** to senior instructors for evaluation.

2. Delivery via Distance Learning

To ensure accessibility and scalability for ICBA members worldwide, the certification program will be designed with **distance learning** as a core component.

Upon submission of the Certification Course application and fee (on our website), you will be able to download the Official ICBA Instructor Enhancement Handbook. This consists of 8 Modules and Appendices for your reading and study. The entire exam comes from this material. This downloadable handbook will allow you to store or print the document, so that it is always available to you for review.

When you feel confident in your knowledge, you may contact us to schedule your exam and gain access.

2.1. Learning Management System (LMS)

- **Platform:** We will utilize an online Learning Management System (LMS) to host all course materials and quizzes. This allows instructors to access the content on-demand and complete lessons at their own pace.

2.2. Teaching Video Submissions

- Candidates will be required to **submit videos** of themselves teaching at various stages, such as:
 - **Assistant Instructor:** A short teaching demonstration with feedback from a senior instructor, on video.
 - **Certified Instructor:** A full video of a class session.

2.3. Certification Exam

- Candidates in the program have two options for taking their exam:
 - Challenge the exam within 7 days of entering into the program.
 - Successfully scoring 85% or above confers the Certification.
 - Complete the review and study of the Modules and take the exam. Scoring 80% or above will confer the Certification.

We hope this information is helpful in your decision to advance your knowledge and skills in the pursuit of excellence in teaching and instruction. Please reach out to us with any questions you may have at:

icba-worldwide.com/contact

Or

intlchineseboxingassoc@gmail.com